

HEALTH IMPROVEMENT PROGRAMMES
SUMMARY OF KEY PERFORMANCE MEASURES 2013/14

OUTPUTS

Initiative	Number of events	Examples
Health Events	Attendance at various events across the borough	Gateway, Platform 51, Children's Centres, K –college, Age UK, St James Centre, MIND, Tonbridge, Larkfield & Snodland Library, RBLI, Snodland working men's club, farmers market
Workplace Health Events	1	Kent Wildlife Trust
Jasmine Programmes	3	Platform 51, Tonbridge, Children's Centre, East Malling
Cook and Eat Sessions	8	7 Schools and 2 Platform 51 programmes
Walking For Health	Ongoing programme	Leybourne Country Park, Hadlow, Tonbridge Pool, Haysden Country Park
"Go 4 It!" Family Weight Management	4	Larkfield and Angel Leisure Centres, Ridge View School & Brookfields infant & Junior School
LEAP Family Weight Management	2	Longmead Primary School & St James the Great Academy
Adult Weight Management Programmes	Rolling programme	Larkfield and Angel Leisure Centres

OUTCOMES

Outcome	Number
Referrals to Stop Smoking Service	11
Brief interventions and advice re: alcohol	340
New children on weight management programmes	77
New adults on weight management programmes	426
Women benefitting from the Jasmine programme	36
Walking for Health	38 (new walkers)
NHS Health Checks delivered	312
Community Wellbeing Checks	18
Mental Health Impact Assessment	1